

LEKI Rustad.sprinten 2023

15.03.2023

Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
G 13 år							
1	Heming, IL lag 1			09:38,1			3
	1 Magnus Nupen-Breivik	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Sine Elisabeth Wallberg	09:37,1 1	00:00,0	09:38,1 1	00:00,0	0	
2	Lyn Ski lag 1			09:42,4	00:04,3		1
	1 Jørgen Smedsrud Engebretsen	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Tellef Brusveen-Jensen	09:41,4 2	00:04,3	09:42,4 2	00:04,3	-1	
3	Rustad IL lag 1			09:43,3	00:05,2		5
	1 Patrick Mørk	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Fredrik Straith	09:42,3 3	00:05,2	09:43,3 3	00:05,2	-2	
4	Lyn Ski lag 2			10:07,0	00:28,9		6
	1 Axel Lervik Christoffersen	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Trym Stueflotten	10:06,0 4	00:28,9	10:07,0 4	00:28,9	-3	
5	Lyn Ski lag 4			10:18,5	00:40,4		10
	1 Sigurd Ånestad Utheim	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Olav Franck-Sætervoll	10:17,5 5	00:40,4	10:18,5 5	00:40,4	-4	
6	Rustad IL lag 2			10:27,1	00:49,0		7
	1 Martin Slåtsveen Bringsjord	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Oskar Gram Amundsen	10:26,1 6	00:49,0	10:27,1 6	00:49,0	-5	
7	Lyn Ski lag 3			12:18,2	02:40,1		8
	1 Erik Bjørdal Blaker	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Kasper Chamberlain Mero-Hauge	12:17,2 7	02:40,1	12:18,2 7	02:40,1	-6	

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
G 13 år							
G 14 år							
1	Kjelsås IL lag 1			08:18,5			23
	1 Aslak Richard Frøyen Deely	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Aksel Alvar Foss	08:17,5 1	00:00,0	08:18,5 1	00:00,0	0	
2	Lyn Ski lag 1			08:20,3	00:01,8		22
	1 Oliver Alexander Wadahl Sweetr	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Axel Kristian Trovåg Wedum	08:19,3 2	00:01,8	08:20,3 2	00:01,8	-1	
3	Årvoll IL lag 1			08:37,4	00:18,9		20
	1 Iver Fjeld Bjonviken	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Erling Fjeld Kristensen	08:36,4 3	00:18,9	08:37,4 3	00:18,9	-2	
4	Kootenai Nordic Libby Mt USA lag 1			08:38,3	00:19,8		26
	1 Coler Anderson	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Reed Scott	08:37,3 4	00:19,8	08:38,3 4	00:19,8	-3	
5	Idrettslaget Try lag 1			08:39,7	00:21,2		28
	1 Hans Wilhelm Thommessen	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Sverre Fredriksen	08:38,7 5	00:21,2	08:39,7 5	00:21,2	-4	
6	Nelson Nordic Canada lag 1			08:46,9	00:28,4		27
	1 Dawson Lewi Abraham	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Kai McEwen Redman	08:45,9 6	00:28,4	08:46,9 6	00:28,4	-5	
7	Lyn Ski lag 2			08:57,9	00:39,4		35
	1 Rafi Leonel Rytter	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Jacob Clausen Steinsvik	08:56,9 7	00:39,4	08:57,9 7	00:39,4	-6	
8	Kjelsås IL lag 4			09:00,5	00:42,0		41
	1 Aleksander Tronsmo-Oraug	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Eskil Agledahl Otterstad	08:59,5 8	00:42,0	09:00,5 8	00:42,0	-7	
9	Bækkelagets SK lag 1			09:07,4	00:48,9		24
	1 Leon Albrecht-Holberg	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Oliver Benberg	09:06,4 9	00:48,9	09:07,4 9	00:48,9	-8	

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
G 14 år							
10	Kjelsås IL lag 5			09:08,4		00:49,9	42
	1 Brage Berge	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Theodor Owe	09:07,4 10	00:49,9	09:08,4 10	00:49,9	-9	
11	Kjelsås IL lag 6			09:09,8		00:51,3	43
	1 Magnus Adelsten Andersen	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Emil Storrø	09:08,8 11	00:51,3	09:09,8 11	00:51,3	-10	
12	Kjelsås IL lag 3			09:13,3		00:54,8	36
	1 Marcus Nyhuus	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Erik Eiksund Øksnes	09:12,3 12	00:54,8	09:13,3 12	00:54,8	-11	
13	Rustad IL lag 1			09:15,4		00:56,9	21
	1 Liam Lavoll Nedland	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Sivert Landrø Grindedal	09:14,4 13	00:56,9	09:15,4 13	00:56,9	-12	
14	Rustad IL lag 2			09:24,1		01:05,6	32
	1 Gustav Gran Røynås	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Taiyo Fuseya Skjærven	09:23,1 14	01:05,6	09:24,1 14	01:05,6	-13	
15	Rustad IL lag 3			09:25,3		01:06,8	37
	1 Anton Jensen	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Mikkel Alhaug Brandanger	09:24,3 15	01:06,8	09:25,3 15	01:06,8	-14	
16	Årvoll IL lag 2			09:27,7		01:09,2	33
	1 Jone Haukvik-Jensen	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Sondre Hinze Rommen	09:26,7 16	01:09,2	09:27,7 16	01:09,2	-15	
17	Årvoll IL lag 3			09:34,3		01:15,8	39
	1 Sverre Holmén	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Sivert Fjeld Kristensen	09:33,3 17	01:15,8	09:34,3 17	01:15,8	-16	
18	Heming, IL lag 1			09:40,5		01:22,0	29
	1 Benjamin Olav Sammut	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Samuel Paul Sammut	09:39,5 18	01:22,0	09:40,5 18	01:22,0	-17	
19	Bækkelagets SK lag 2			09:56,1		01:37,6	31
	1 Lars Gramshaug Mossin	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Elias Wiig Boije	09:55,1 19	01:37,6	09:56,1 19	01:37,6	-18	

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
G 14 år							
20	Bækkelagets SK lag 4			10:45,6	02:27,1		44
	1 Jonas Hirsch	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Emil Robstad	10:44,6 20	02:27,1	10:45,6 20	02:27,1	-19	
21	Bækkelagets SK lag 3			11:07,4	02:48,9		40
	1 Andreas Heggelund Dahl	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Felix Émil Nikolai von Zernichow Grønboengen	02:48,9		11:07,4 21	02:48,9	-20	

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
G 14 år							
G 15 år							
1	Lyn Ski lag 1			11:26,9			92
	1 August Bruland	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Henrik Kampen Ellingvåg	11:25,9 1	00:00,0	11:26,9 1	00:00,0	0	
2	Heming, IL lag 1			11:42,2	00:15,3		91
	1 Frode Wallberg	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Peder Nupen Breivik	11:41,2 2	00:15,3	11:42,2 2	00:15,3	-1	
3	Lyn Ski lag 3			12:25,1	00:58,2		98
	1 Sander Torkildsen-Husvik	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Tobias Elle-Dietrichson	12:24,1 3	00:58,2	12:25,1 3	00:58,2	-2	
4	Rustad IL lag 3			12:46,0	01:19,1		97
	1 Nicolai Mosvoll	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Eskil Olaussen	12:45,0 4	01:19,1	12:46,0 4	01:19,1	-3	
5	Rustad IL lag 1			12:47,4	01:20,5		90
	1 Kristian Hjorth-Johansen	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Olav Lindheim	12:46,4 5	01:20,5	12:47,4 5	01:20,5	-4	
6	Rustad IL lag 2			13:06,8	01:39,9		94
	1 Sverre Svindland Hovde	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Johan Halsne Johnsen	13:05,8 6	01:39,9	13:06,8 6	01:39,9	-5	
7	Rustad IL lag 4			14:09,4	02:42,5		100
	1 Olav Adelsten Kildal	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Henrik Birkeland Westby	14:08,4 7	02:42,5	14:09,4 7	02:42,5	-6	
8	Kootenai Nordic Libby Mt USA lag 1			14:32,3	03:05,4		93
	1 Liam Browne	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Euell Browne	14:31,3 8	03:05,4	14:32,3 8	03:05,4	-7	

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Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
G 15 år							
G 16 år							
1	Kjelsås IL lag 1			11:39,6			112
	1 Even Aunbu Sandermoen	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Sverre Skjærholt	11:38,6 1	00:00,0	11:39,6 1	00:00,0	0	
2	Rustad IL lag 1			12:07,5	00:27,9		110
	1 Kasper Høylo Jevne	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Markus Arfvedahl	12:06,5 2	00:27,9	12:07,5 2	00:27,9	-1	
3	Lyn Ski lag 1			12:15,1	00:35,5		114
	1 Ethan Beaumont Smith	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Jesper Keilman	12:14,1 3	00:35,5	12:15,1 3	00:35,5	-2	
4	Kootenai Nordic Libby Mt USA lag 1			12:40,7	01:01,1		111
	1 Rowen Sherbo	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Anton Thermaenius	12:39,7 4	01:01,1	12:40,7 4	01:01,1	-3	
5	Rustad IL lag 2			12:40,8	01:01,2		115
	1 Sanjay Tuguldur	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Sondre Arfvedahl	12:39,8 5	01:01,2	12:40,8 5	01:01,2	-4	

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
G 16 år							
J 13 år							
1	Kjelsås IL lag 1			09:42,9			52
	1 Amalie Lilleheim Nordbø	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Sara Tjønnås Storm	09:41,9 1	00:00,0	09:42,9 1	00:00,0	0	
2	Lyn Ski lag 1			09:53,3	00:10,4		50
	1 Live Kristine Onsrud Balmforth	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Hedda Nordgren Mykkeltvedt	09:52,3 2	00:10,4	09:53,3 2	00:10,4	-1	
3	Lyn Ski lag 2			09:56,5	00:13,6		56
	1 Hanna Kampen Ellingvåg	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Astrid Björk Sejersted	09:55,5 3	00:13,6	09:56,5 3	00:13,6	-2	
4	Lyn Ski lag 7			10:23,0	00:40,1		62
	1 Ingrid Sweetman	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Emmy Halvorsen	10:22,0 4	00:40,1	10:23,0 4	00:40,1	-3	
5	Rustad IL lag 1			10:24,3	00:41,4		51
	1 Martine Elise Hansen Stavnum	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Pernille Corneliussen-Ramm	10:23,3 5	00:41,4	10:24,3 5	00:41,4	-4	
6	Heming, IL lag 1			10:26,0	00:43,1		55
	1 Iris Louise Teigen Rasch-Halvorsen	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Kristin Marie Kolle Bøhmer	10:25,0 6	00:43,1	10:26,0 6	00:43,1	-5	
7	Lyn Ski lag 5			10:55,7	01:12,8		60
	1 Maren Bihaug-Frøyland	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Leonore Bjørnaas Krüger	10:54,7 7	01:12,8	10:55,7 7	01:12,8	-6	
8	Rustad IL lag 2			10:57,7	01:14,8		57
	1 Lotte Marie Thorseth	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Maja Larsen Dybwad	10:56,7 8	01:14,8	10:57,7 8	01:14,8	-7	
9	Lyn Ski lag 4			11:01,6	01:18,7		59
	1 Tinde Marie Klovland	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Ada Østmo Bøch	11:00,6 9	01:18,7	11:01,6 9	01:18,7	-8	

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
J 13 år							
10	Lyn Ski lag 3			11:02,6	01:19,7		58
	1 Sigrid Siridatter Østensen	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Ada Benestad Alvær	11:01,6 10	01:19,7	11:02,6 10	01:19,7	-9	
11	Hakadal IL lag 1			11:06,3	01:23,4		53
	1 Helene Refsdal-Karlsen	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Nora Onstad	11:05,3 11	01:23,4	11:06,3 11	01:23,4	-10	

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
J 13 år							
J 14 år							
1	Kjelsås IL lag 1			08:59,8			70
	1 Solveig Skjærholt	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Maia Kulle Andreassen	08:58,8 1	00:00,0	08:59,8 1	00:00,0	0	
2	Idrettslaget Try lag 1			09:01,6	00:01,8		71
	1 Ingrid Sanne Solheim	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Emilie Tollefsen	09:00,6 2	00:01,8	09:01,6 2	00:01,8	-1	
3	Heming, IL lag 1			09:17,8	00:18,0		74
	1 Hanna Cecilia Braaten	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Hedda Haug Bonnevie	09:16,8 3	00:18,0	09:17,8 3	00:18,0	-2	
4	Haslum IL lag 1			09:24,2	00:24,4		73
	1 Amalie Fein	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Erle Kristiane Wiede Jean-Hanse	09:23,2 4	00:24,4	09:24,2 4	00:24,4	-3	
5	Lyn Ski lag 1			09:29,3	00:29,5		76
	1 Tiril Halvorsen	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Audhild Hardeng	09:28,3 5	00:29,5	09:29,3 5	00:29,5	-4	
6	Rustad IL lag 1			09:32,0	00:32,2		72
	1 Ane Risstad Sundnes	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Mille Ruud Moen	09:31,0 6	00:32,2	09:32,0 6	00:32,2	-5	
7	Kjelsås IL lag 3			09:33,3	00:33,5		81
	1 Linde Berg-Knutsen	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Lilly Kvikne Silgjerd	09:32,3 7	00:33,5	09:33,3 7	00:33,5	-6	
8	Kjelsås IL lag 2			09:37,1	00:37,3		77
	1 Maren Aasdalen	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Nora Syrrist	09:36,1 8	00:37,3	09:37,1 8	00:37,3	-7	
9	Rustad IL lag 2			09:45,6	00:45,8		79
	1 Iseline Knudsen Drevvatne	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Inger Melhuus Birkemoe	09:44,6 9	00:45,8	09:45,6 9	00:45,8	-8	

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
J 14 år							
10	Bækkelagets SK lag 1			09:49,6		00:49,8	75
	1 Tora Bjarttun Alvenes	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Nicoline Louise Sørensen Aagaard	09:48,6 10	00:49,8	09:49,6 10	00:49,8	-9	
11	Idrettslaget Try lag 2			09:51,1		00:51,3	78
	1 Astrid Egge Halvorsen	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Oda Nordklev	09:50,1 11	00:51,3	09:51,1 11	00:51,3	-10	
12	Idrettslaget Try lag 3			10:45,1		01:45,3	80
	1 Elise Marie Stangeland Bull	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Thea Elise Torkildsen	10:44,1 12	01:45,3	10:45,1 12	01:45,3	-11	
13	Kjelsås IL lag 4			11:11,3		02:11,5	83
	1 Hanne Margit Ingeborg Waldum	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Ylva Smidt Nikolaisen	11:10,3 13	02:11,5	11:11,3 13	02:11,5	-12	
14	Bækkelagets SK lag 2			12:06,0		03:06,2	84
	1 Oda Ryste	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Sofie Sand Iversen	12:05,0 14	03:06,2	12:06,0 14	03:06,2	-13	

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
J 14 år							
J 15-16 år							
1	Bækkelagets SK lag 1			12:39,1			125
	1 Lotte Clement	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Julie Holter Henriksen	12:38,1 1	00:00,0	12:39,1 1	00:00,0	0	
2	Bækkelagets SK lag 2			12:40,9	00:01,8		132
	1 Ada Eriksen	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Marlin Borander	12:39,9 2	00:01,8	12:40,9 2	00:01,8	-1	
3	Lyn Ski lag 1			12:46,1	00:07,0		120
	1 Emma Stueflotten	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Emma Megnert Røed	12:45,1 3	00:07,0	12:46,1 3	00:07,0	-2	
4	Heming, IL lag 1			12:52,7	00:13,6		123
	1 Stella Engelvoorn	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Sienna Fosstenløyken Dankworth	12:51,7 4	00:13,6	12:52,7 4	00:13,6	-3	
5	Røa Allianseidrettslag lag 1			13:05,0	00:25,9		122
	1 Nora Duus Carlsen	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Lea Maria Rimol	13:04,0 5	00:25,9	13:05,0 5	00:25,9	-4	
6	Lyn Ski lag 4			13:41,1	01:02,0		130
	1 Hennie Fjeldheim Skjerven	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Mai Louise Hodt-Billington	13:40,1 6	01:02,0	13:41,1 6	01:02,0	-5	
7	Lyn Ski lag 3			14:14,0	01:34,9		128
	1 Helle Marie Moen Reikvam	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Hedvig Marie Willoch	14:13,0 7	01:34,9	14:14,0 7	01:34,9	-6	
8	Kjelsås IL lag 1			14:19,6	01:40,5		124
	1 Maria Nordal Berg	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Anna Henaug-Hansen	14:18,6 8	01:40,5	14:19,6 8	01:40,5	-7	
9	Lyn Ski lag 2			14:40,0	02:00,9		126
	1 Tilde Sølland	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Mathilde Jeanne Ines Roelly Saint-Amand	14:39,0 9	02:00,9	14:40,0 9	02:00,9	-8	

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Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
J 15-16 år							
10	Lyn Ski lag 5			16:04,7		03:25,6	131
	1 Leah Franck-Sætervoll	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Synne Marie Fjellheim	16:03,7 10	03:25,6	16:04,7 10	03:25,6	-9	
11	Rustad IL lag 3			16:31,1		03:52,0	129
	1 Mille Cedervall Vaagsbø	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Marion Kleivstul Lambine	16:30,1 11	03:52,0	16:31,1 11	03:52,0	-10	

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Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
J 15-16 år							
Kvinner junior							
1	Rustad IL lag 2			12:51,3			141
	1 Jenny Hoel Sandsdalen	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Signe Blomfeldt	12:50,3 1	00:00,0	12:51,3 1	00:00,0	0	
2	Rustad IL lag 1			14:53,6	02:02,3		140
	1 Ella Håland Pedersen	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Kira Kopp-Alfheim	14:52,6 2	02:02,3	14:53,6 2	02:02,3	-1	

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Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
Kvinner junior							
Menn junior							
1	Rustad IL lag 1			15:47,4			151
	1 Audun Nesheim Hægeland	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Tørres Lutnæs	15:46,4 1	00:00,0	15:47,4 1	00:00,0	0	
2	Lyn Ski lag 1			15:49,2	00:01,8		156
	1 Morten Almaas	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Filip Osnes-Ringen	15:48,2 2	00:01,8	15:49,2 2	00:01,8	-1	
3	Kjelsås IL lag 1			15:58,7	00:11,3		150
	1 Matias Nalum Rakkestad	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Simon Salinas Hannestad	15:57,7 3	00:11,3	15:58,7 3	00:11,3	-2	
4	Røa Allianseidrettslag lag 1			16:07,6	00:20,2		154
	1 Gard Lindby	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Oscar Pladsen Gussiås	16:06,6 4	00:20,2	16:07,6 4	00:20,2	-3	
5	Gjelleråsen IF lag 1			16:40,4	00:53,0		153
	1 Mats Mørch Myhre	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Fredrik Nilssen	16:39,4 5	00:53,0	16:40,4 5	00:53,0	-4	
6	Rustad IL lag 2			16:43,2	00:55,8		158
	1 Jørgen Arenberg Wold	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Truls Lutnæs	16:42,2 6	00:55,8	16:43,2 6	00:55,8	-5	
7	Bækkelagets SK lag 1			16:49,9	01:02,5		152
	1 Sven August Tjernshaugen	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Fredrik Sjøholt	16:48,9 7	01:02,5	16:49,9 7	01:02,5	-6	
8	Lyn Ski lag 2			17:04,6	01:17,2		159
	1 Emil Gråbøl-Undersrud	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Erlend Svalbjørg	17:03,6 8	01:17,2	17:04,6 8	01:17,2	-7	
9	Kjelsås IL lag 2			17:33,4	01:46,0		157
	1 Sigurd Wahl Kallum	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Viktor Andersen	17:32,4 9	01:46,0	17:33,4 9	01:46,0	-8	

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Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
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Menn junior

10	K. Nordic Libby / Svarstad lag 1			24:34,5		08:47,1	155
	1 Casey Rusdal	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Charlie Webber	24:33,5 10	08:47,1	24:34,5 10	08:47,1	-9	

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Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
Menn junior							
Menn senior							
1	Rustad IL lag 1			15:35,7			170
	1 Henrik Bøyum Webjørnsen	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Iver Tildheim Andersen	15:34,7 1	00:00,0	15:35,7 1	00:00,0	0	
2	Rustad IL lag 2			16:35,8	01:00,1		171
	1 Bendik Håland Pedersen	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Vegard Dybvand	16:34,8 2	01:00,1	16:35,8 2	01:00,1	-1	
3	Rustad IL lag 3			18:20,7	02:45,0		172
	1 Stefano Zanotto	00:01,0 1	00:00,0	00:01,0 1	00:00,0		
	2 Magnus Olafsen Waaler	18:19,7 3	02:45,0	18:20,7 3	02:45,0	-2	

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Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
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Menn senior